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## Marble Falls ISD 007 - Falls Career High/Epic

Monday	Tuesday	Wednesday	Thursday	Friday
Monuay	ruesuay	Aug - 14  Biscuit & Sausage Ham & Cheese Croissant Cereal Variety 2 oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Orange Fat Free Chocolate Milk Low Fat Milk Peppered Gravy	Aug - 15  Brkfst. Sausage Pizza Waffles Variety Cereal Variety 2 oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Banana Fat Free Chocolate Milk Low Fat Milk	Aug - 16  Donuts Glazed Muffin w/ Yogurt Sandwich , Maple Pancake Cereal Variety 2 oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Apple Fat Free Chocolate Milk Low Fat Milk
Aug - 19	Aug - 20	Jelly Aug - 21	Aug - 22	Syrup Aug - 23
Pig in a Blanket Muffin w/ Yogurt Sandwich , Maple Pancake Cereal Variety 2 oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Apple Fat Free Chocolate Milk Low Fat Milk Ketchup Mustard Syrup	Bacon, Egg & CheeseTaco Omelet w/ Hashbrowns Cereal Variety 2 oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Fruit Variety Fat Free Chocolate Milk Low Fat Milk Picante Sauce Ketchup	Biscuit & Sausage Ham & Cheese Croissant Cereal Variety 2 oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Orange Fat Free Chocolate Milk Low Fat Milk Peppered Gravy Jelly	Brkfst. Sausage Pizza Pancake & Saugage Stick Cereal Variety 2 oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Banana Fat Free Chocolate Milk Low Fat Milk Syrup	Cinnamon Roll Muffin w/ Yogurt Sandwich , Maple Pancake Cereal Variety 2 oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Apple Fat Free Chocolate Milk Low Fat Milk Syrup
Aug - 26  Pig in a Blanket Muffin w/ Yogurt Sandwich , Maple Pancake Cereal Variety 2 oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Apple Fat Free Chocolate Milk Low Fat Milk Ketchup Mustard Syrup	Aug - 27  Bacon, Egg & CheeseTaco Omelet w/ Hashbrowns Cereal Variety 2 oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Fruit Variety Fat Free Chocolate Milk Low Fat Milk Picante Sauce Ketchup	Aug - 28  Biscuit & Sausage Ham & Cheese Croissant Cereal Variety 2 oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Orange Fat Free Chocolate Milk Low Fat Milk Peppered Gravy Jelly	Aug - 29  Brkfst. Sausage Pizza Pancake & Saugage Stick Cereal Variety 2 oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Banana Fat Free Chocolate Milk Low Fat Milk Syrup	Aug - 30  Donuts Glazed Muffin w/ Yogurt Sandwich , Maple Pancake Cereal Variety 2 oz. Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Apple Fat Free Chocolate Milk Low Fat Milk Syrup

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data.